

Supporting Materials

- [i] 2014 WHO Growth Charts for Canada: <http://www.whogrowthcharts.ca>
Recommended for use by the Canadian Collaborative Group (Dietitians of Canada, Canadian Pediatric Society, College of Family Physicians of Canada, Community Health Nurses of Canada, and the Canadian Paediatric Endocrine Group)
- [ii] WHO Training Course on Child Growth Assessment. World Health Organization. Training Course on Child Growth Assessment: <http://www.who.int/childgrowth/training/en/>
- [iii] WHO Growth Chart Training Program. Dietitians of Canada. A training package on using the WHO Growth Charts for Canada: <http://www.dietitians.ca/Learn/Learning-On-Demand/lodstoreproduct?guid=16b83d83-e067-435a-8dbe-4d07ec7fe5ba>
- [iv] Canadian Obesity Network. Clinical tools and resources for managing obesity in primary care: <http://www.obesitynetwork.ca/resources-pro>
- [v] Change Talk. An online training simulation to practice motivational interviewing techniques for childhood obesity: <https://www.kognito.com/changetalk/web/>
- [vi] Healthy Jacksonville Childhood Obesity Prevention Coalition. Childhood obesity starter kit for the primary care office: <http://hjcopc.org/info-center/physician-starter-kit/>
- [vii] Portico Network. MI resources and training: <https://www.porticonetwork.ca/treatments/treatment-methods/motivational-interviewing/mi-resources-and-training>
- [viii] Readiness Ruler. A helpful tool to support the use of Motivational Interviewing (MI) by service providers: <http://www.centerforebp.case.edu/resources/tools/readiness-ruler>
- [ix] Good and Cheap Cookbook. A free cookbook for those on a budget: <http://www.leannebrown.com/>
- [x] EatRight Ontario. Resources and information on children's nutrition. <https://www.eatrightontario.ca/en/Children.aspx>
- [xi] Information on Eating Disorders for Medical Professionals. <http://www.nationaleatingdisorders.org/medical-professionals>

Developed by:



In collaboration with:



Ontario College of Family Physicians

