

Resources* for Chronic Non Cancer Pain

LHIN 1 - Erie St. Clair

Chronic pain management clinics

1. VON Erie-St. Clair Chronic Pain Management Assessment and Referral Program (CPMARP)	Location(s)
<p>This program assesses chronic pain patients, screens for addiction and mental health, and provides recommendations for treatments and harm reduction. We also provide counseling services and educational classes. Program staff include intake worker, social workers, nurse practitioners and a partnering physician.</p> <p>Website: http://www.eriestclairhlin.on.ca/About%20Us/ESCLHIN-HSPs/ChronicPainManagement.aspx</p>	<p>Chatham-Kent Sarnia-Lambton Windsor-Essex</p>
2. Pain Care Clinics	Location(s)
<p>This multidisciplinary clinic offers pain management services including interventions (e.g., Botox, platelet-rich plasma, epidurals and nerve blocks).</p> <p>Website: www.paincareclinics.com</p>	<p>Windsor</p>
3. InMedic Pain Management Centres	Location(s)
<p>This multidisciplinary pain clinic offers interventions, medications and psychological therapy.</p> <p>Website: http://inmedicpain.com/</p>	<p>Windsor</p>
4. London Chronic Pain Institute	Location(s)
<p>This chronic pain clinic is located in London, Ontario.</p> <p>Website: https://411.ca/business/profile/13287303</p>	<p>London</p>
5. Chronic Pain Management Support Group	Location(s)
<p>This support group uses a multidisciplinary approach to chronic pain management, similar to the Mayo Clinic/Foothills Hospital program. Uses goal setting and weekly evaluations. The program runs for two hours per week for eight weeks.</p> <p>Website: http://www.eriestclairhealthline.ca/displayService.aspx?id=112165</p>	<p>Grand Bend</p>

Substance abuse & drug addiction clinics, and withdrawal services

6. Ontario Addiction Treatment Centres (OATC)	Location(s)
<p>This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.</p> <p>Website: http://www.oatc.ca/clinic-locations/sarnia-clinic/</p>	<p>Sarnia</p>
7. Ontario Addiction Treatment Centres (OATC)	Location(s)
<p>This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.</p> <p>Website: http://www.oatc.ca/clinic-locations/windsor-clinic/</p>	<p>Windsor</p>
8. Ontario Addiction Treatment Centres (OATC)	Location(s)
<p>This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.</p> <p>Website: http://www.oatc.ca/clinic-locations/windsor-east-opening-soon/</p>	<p>Windsor</p>

9. Westover Treatment Centre	Location(s)
This substance abuse residential treatment centre offers both funded and private pay beds, and also offers a family program.	Thamesville
Website: http://www.westovertreatmentcentre.ca/treatment-overview/	
10. Awareness and Prevention of Drug and Alcohol Abuse Program	Location(s)
This organization offers counselling and assessments for residents of Kettle and Stony Point Reserves who are involved about their own or others' alcohol or drug problems. Clients are seen on an individual or family basis. Prevention and education displays are provided with the drug rehab program.	Lambton Shores
Website: http://www.drugrehab.ca/directory.html	
11. New Beginnings Clinic	Location(s)
This substance abuse clinic helps people overcome addictions, particularly to opioids. It focuses on harm reduction and a safe, non-judgmental approach to treatment.	Sarnia
Website: www.newbeginningsclinic.ca/	
12. trueNorth Medical Centre	Location(s)
trueNorth Medical Centre is a methodone/suboxone program that is focused on the treatment of opioid dependence and chronic pain.	Windsor (2 locations)
Website: http://www.truenorthmedical.com/opioid-find-us-s16381	
13. Erie St. Clair Clinic	Location(s)
This clinic offers a holistic, patient-focused approach to outpatient addiction services. Services include on-site physicians specialized in addictions treatment, Hep C/HVC treatment, on-site pharmacy, patient advocacy, on-site relapse prevention service, alcohol misuse medical treatment using the Sinclair Method Therapist, and home withdrawal program.	Windsor (2 locations) Leamington
Website: www.eriesticlairclinic.com	
14. Bluewater Methadone Clinic	Location(s)
This methadone clinic is staffed by physicians, nurses, case managers, and front line/administratoin staff. It provides methadone maintenance therapy, counseling, on-site pharmacy, and outreach for pregnant women and new mothers.	Sarnia, Chatham, Wallaceburg
Website: www.bluewatermethadoneclinic.ca	
15. Wallaceburg Addiction Clinic	Location(s)
This addiction clinic is located in a local pharmacy.	Wallaceburg
Website: http://www.oatc.ca/clinic-locations/windsor-east-opening-soon/	
16. Brentwood Recovery Home	Location(s)
This residential alcohol and drug addiction recovery home also provides non-residential support for family members. The program includes medical treatment and counselling, an onsite hepatitis C clinic, and programs for adults and adolescents.	Windsor
Website: http://brentwoodrecovery.com/ecom.asp	
17. House of Sophrosyne	Location(s)
This addiction recovery centre for women offers residential (35-day program), community-based treatment, "caring connections": counselling for pregnant or parenting women, supportive housing, transitional housing for pregnant women or new mothers at risk of homelessness, and fast access to community experts.	Windsor
Website: www.houseofsophrosyne.com	
18. Lambton County Addiction Services	Location(s)
Assessment/referral and treatment of alcohol, drug and problem gambling—both adult and youth programs.	Sarnia
Website: http://www.eriesticclairhealthline.ca/displayService.aspx?id=40706	
19. Withdrawal Management Services - Withdrawal Management and Assessment Centre	Location(s)
At this 20-bed facility, men (15 beds) and women (5 beds) can withdraw from the effects of drugs and/or alcohol. It is a non-medical co-located facility in Hotel-Dieu Grace Healthcare.	Windsor
Website: http://www.hdgh.org/withdrawalmanagement	

Self-management workshops

19. Master Your Health	Location(s)
Stanford model peer-led six week workshop on managing chronic disease for patients. Website: http://www.wehc.org/health-condition/	Windsor-Essex Chatham-Kent Sarnia-Lambton
20. Online Chronic Disease Self-Management Program of Ontario	Location(s)
This online program is based on the live Stanford model of chronic disease management, but provides the program completely online. Website: http://www.ontarioselfmanagement.ca/10/About_the_Workshop/	Windsor

Provider education program

21. Project ECHO Ontario Chronic Pain and Opioids	Location(s)
This physician network provides primary care providers in Ontario with the knowledge and support to manage chronic pain safely and effectively. It uses Telehealth technology to offer weekly two-hour videoconferences where local practice leaders (“spokes”) present a brief didactic session followed by two or three de-identified case presentations, plus a yearly “Chronic Pain Basics Boot Camp.” It also provides continuing education credits and fast-track specialist referrals for complex cases. Website: https://www.echoontario.ca/Echo-Clinic/Chronic-Pain/Overview.aspx	Windsor
22. Medical Mentoring for Addictions and Pain (MMAP)	
The MMAP is a network that connects family physician mentees to psychiatrist and family physicians with a focused practice in pain and addictions mentors through telephone, email and fax. Mentees may contact their mentors on an informal basis for guidance and support. Formal continuing professional development (CPD) workshops, small group teleconferences and sessions take place regularly in order to foster group cohesion. These tools help to support and augment the case by case mentoring program. Advice in the areas of diagnosis, psychotherapy and pharmacology is provided to mentees. Mentees are matched with mentors based on clinical interests and/or geographic location. Please note this is not a referral service. Website: http://ocfp.on.ca/cpd/collaborative-networks/mmap	

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