

Resources* for Chronic Non Cancer Pain

LHIN 12 - North Simcoe Muskoka

Chronic pain treatment clinics

1. The Simcoe Clinic - Chronic Pain Care	Location(s)
<p>This pain clinic provides a multidisciplinary approach to treatment. Recommendations may include lifestyle changes, physical rehabilitation, psychological therapy, and medication use. Interventional techniques are utilized where appropriate.</p> <p>Website: http://www.thesimcoeclinic.com/home.html</p>	Barrie
2. Barrie Chronic Pain Clinic	Location(s)
<p>This pain clinic specializes in head, neck, back, and neuropathic pain.</p> <p>Website: https://centraleastontario.cioc.ca/record/BAR1951</p>	Barrie
3. Headache and Pain Relief Centre	Location(s)
<p>Altum Health's CARF (Commission on Accreditation of Rehabilitation Facilities) accredited Interdisciplinary Pain Program provides an interdisciplinary approach to chronic pain management for those that have not returned to work within usual course of recovery (3-4 months from time of injury or accident) or those struggling while at work. The program is time limited and goal directed, with a cognitive behavioural and functional restoration focus.</p> <p>Website: http://www.altumhealth.com/interdisciplinary-pain</p>	Barrie
4. Soldier's Memorial Hospital - Pain Clinic	Location(s)
<p>This outpatient pain clinic provides injections for chronic pain. The team of RNs and RPNs work with surgeons, internists, anesthetists and general practitioners and all procedures are performed with sterile technique.</p> <p>Website: http://www.osmh.on.ca/programs-services/OutpatientClinic.aspx</p>	Orillia

Drug addiction clinics

5. Ontario Addiction Treatment Centres (OATC)	Location(s)
<p>This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.</p> <p>Website: http://www.oatc.ca/clinic-locations/barrie-clinic/</p>	Barrie
6. Ontario Addiction Treatment Centres (OATC)	Location(s)
<p>This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.</p> <p>Website: http://www.oatc.ca/clinic-locations/bracebridge-clinic/</p>	Bracebridge
7. Ontario Addiction Treatment Centres (OATC)	Location(s)
<p>This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.</p> <p>Website: http://www.oatc.ca/clinic-locations/collingwood-clinic/</p>	Collingwood
8. Ontario Addiction Treatment Centres (OATC)	Location(s)
<p>This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.</p> <p>Website: http://www.oatc.ca/clinic-locations/huntsville-clinic/</p>	Huntsville

9. Essa Road Simcoe Outreach	Location(s)
Provides outpatient treatment for those who are concerned about their own or someone else's use of alcohol or drug. Harm reduction philosophy. Assessment will determine course of treatment options. Individual as well as group counselling is offered.	Barrie
Website: http://www.drugrehab.ca/directory/item/essa-road-simcoe-outreach.html?category_id=407	

10. Georgian Drive Simcoe Outreach	Location(s)
Provides outpatient treatment for those who are concerned about their own or someone else's use of alcohol, or drug. Harm reduction philosophy. Assessment will determine course of treatment options. Individual as well as group counselling is offered.	Barrie
Website: http://www.drugrehab.ca/directory/item/georgian-drive-simcoe-outreach.html?category_id=407	

Self-management workshops

11. North Simcoe Muskoka Self-Management Program	Location(s)
Stanford-model peer-led 6-week workshop on managing chronic pain for patients. Healthcare professional resources such "choices and changes" training (supporting patients who are engaged in self-management programs) and motivational interviewing videos.	Throughout LHIN 12
Website: http://www.nsmselfmanagement.ca/	

12. Online Chronic Disease Self-Management Program of Ontario	Location(s)
This online program is based on the live Stanford model of chronic disease management, but provides the program completely online.	Online-ON Wide
Website: http://www.ontarioselfmanagement.ca/10/About_the_Workshop/	

Provider education program

13. Project ECHO Ontario Chronic Pain and Opioids
This physician network provides primary care providers in Ontario with the knowledge and support to manage chronic pain safely and effectively. It uses Telehealth technology to offer weekly 2-hour videoconferences where local practice leaders ("spokes") present a brief didactic session followed by 2 or 3 de-identified case presentations, plus a yearly "Chronic Pain Basics Boot Camp". It also provides continuing education credits and fast-track specialist referrals for complex cases.
Website: https://www.echoontario.ca/Echo-Clinic/Chronic-Pain/Overview.aspx

14. Medical Mentoring for Addictions and Pain (MMAP)
The MMAP is a network that connects family physician mentees to psychiatrist and family physicians with a focused practice in pain and addictions mentors through telephone, email and fax. Mentees may contact their mentors on an informal basis for guidance and support. Formal continuing professional development (CPD) workshops, small group teleconferences and sessions take place regularly in order to foster group cohesion. These tools help to support and augment the case by case mentoring program. Advice in the areas of diagnosis, psychotherapy and pharmacology is provided to mentees. Mentees are matched with mentors based on clinical interests and/or geographic location. Please note this is not a referral service.
Website: http://ocfp.on.ca/cpd/collaborative-networks/mmap

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