

Resources* for Chronic Non Cancer Pain

LHIN 13 - North East

Chronic pain treatment clinics

1. Cottage Pain Clinic	Location(s)
This clinic provides one specific form of chronic pain treatment: Masor (Pulsed ElectroMagnetic Field Therapy). It offers a mobile service that travels throughout the Muskoka and Almaguin Highlands area.	Sprucedale
Website: http://www.cottagepainclinic.com	
2. North Bay Regional Health Centre Pain Management Clinic	Location(s)
This chronic pain clinic provides medical interventions (such as medications and nerve blocks) along with education on coping skills.	North Bay
Website: http://www.nbrhc.on.ca/programs-services/outpatient-clinics/pain-management-clinic/	
3. Algoma Sports Medicine and Physical Injuries Clinic	Location(s)
This pain clinic provides comprehensive assessment, medication management, interventional pain management, prolotherapy, support, referrals to other professionals (e.g., physiotherapy, chiropractic), nutritional counseling, and non-pharmacologic interventions (manual manipulation, laser therapy).	Sault Ste. Marie
Website: http://www.algomaspportsmed.com/pain-management.html	
4. Espanola Regional Hospital and Health Centre Pain Clinic	Location(s)
This pain clinic is held by a visiting specialist.	Espanola
Website: http://www.espanolaregionalhospital.ca/programs-and-services/visiting-specialists	

Drug addiction clinics

5. Ontario Addiction Treatment Centres (OATC)	Location(s)
This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.	Constance Lake
Website: http://www.oatc.ca/clinic-locations/constance-lake/	
6. Ontario Addiction Treatment Centres (OATC)	Location(s)
This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.	Hearst
Website: http://www.oatc.ca/clinic-locations/hearst/	
7. Ontario Addiction Treatment Centres (OATC)	Location(s)
This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.	North Bay
Website: http://www.oatc.ca/clinic-locations/north-bay-clinic/	

8. Ontario Addiction Treatment Centres (OATC)	Location(s)
This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.	Sault Ste. Marie
Website: http://www.oatc.ca/clinic-locations/parry-sound/	
9. Ontario Addiction Treatment Centres (OATC)	Location(s)
This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.	Sudbury
Website: http://www.oatc.ca/clinic-locations/sudbury-clinic/	
10. Ontario Addiction Treatment Centres (OATC)	Location(s)
This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone.	Parry Sound
Website: http://www.oatc.ca/clinic-locations/parry-sound/	
11. Benbowopka Treatment Centre	Location(s)
Benbowopka Treatment Centre employs a culturally based substance abuse treatment program, following the Seven Grandfather Teachings. Individuals will participate in: individual counselling; group education sessions; talking circles; learn relaxation techniques through yoga and drumming; learn the importance of addressing their physical health through proper nutrition and exercise; and, they'll address their spiritual health through cultural activities and teachings.	Blind River
Website: http://www.drugandalcoholhelpline.ca/Directory/Organization/1532	
12. Maison Renaissance	Location(s)
Maison Renaissance is a drug rehab treatment centre offering services to the francophone population of Ontario with substance use problems. All french speaking persons 16 yrs of age and over can access our services. We also offer services to family members and significant others. Both residential and outpatient programs are available.	Hearst
Website: http://www.maisonrenaissance.com/	
13. Community Counselling Centre of Nipissing	Location(s)
Community Counselling Centre is a non-profit organization providing skilled counselling services and community drug rehab programs to people, couples, and families.	North Bay
Website: http://www.drugrehab.ca/directory/item/community-counselling-centre-of-nipissing-2.html?category_id=635	
14. trueNorth Medical Centre	Location(s)
trueNorth Medical Centre is a methodone/suboxone program that is focused on the treatment of opioid dependence and chronic pain.	Timmins
Website: http://www.truenorthmedical.com/opioid-find-us-s16381#Timmins	
15. Counselling Centre of East Algoma	Location(s)
This clinic (open Wednesdays only, by appointment) offers drug addiction assessment, case management and outpatient counselling for youth, adults, and seniors. Services also available in French.	Blind River
Website: http://www.drugrehab.ca/directory/item/community-counselling-centre-of-nipissing-2.html?category_id=635	
16. Camillus Centre	Location(s)
This residential drug addiction program uses the abstinent based Minnesota Model treatment which includes: biopsychology, social spiritual, relapse prevention, aspects of harm reduction, group therapy, and individual therapy (minimal). Chemical dependency programs are "open" and run for 21-28 days.	Elliot Lake
Website: http://www.drugandalcoholhelpline.ca/Directory/Program/2429	

Self-management Workshops

17. Ontario Addiction Treatment Centres (OATC)	Location(s)
Stanford-model peer-led 6-week workshop on managing chronic pain for patients. Healthcare professional resources such "choices and changes" training and Brief Action Planning training (supporting patients who are engaged in self-management programs).	Throughout LHIN 13
Website: https://www.livinghealthynortheast.ca/	

18. Online Chronic Disease Self-Management Program of Ontario	Location(s)
This online program is based on the live Stanford model of chronic disease management, but provides the program completely online.	Online-ON Wide
Website: http://www.ontarioselfmanagement.ca/10/About_the_Workshop/	

Provider education program

19. Project ECHO Ontario Chronic Pain and Opioids
This physician network provides primary care providers in Ontario with the knowledge and support to manage chronic pain safely and effectively. It uses Telehealth technology to offer weekly 2-hour videoconferences where local practice leaders ("spokes") present a brief didactic session followed by 2 or 3 de-identified case presentations, plus a yearly "Chronic Pain Basics Boot Camp". It also provides continuing education credits and fast-track specialist referrals for complex cases.
Website: https://www.echoontario.ca/Echo-Clinic/Chronic-Pain/Overview.aspx

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This Resource was developed as part of the Knowledge Translation in Primary Care Initiative, led by Centre for Effective Practice with collaboration from the Ontario College of Family Physicians and the Nurse Practitioners' Association of Ontario. Clinical leadership for the development of the resource was provided by Dr. Arun Radhakrishnan, MSc, MD, CM CCFP and was subject to external review by health care providers and other relevant stakeholders. This Resource was funded by the Government of Ontario as part of the Knowledge Translation in Primary Care Initiative.

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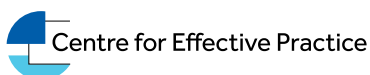


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